

Sara Bernabeu

- Aerial dancer -

Sara Bernabeu Peidro

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PROFILE

Originally from Alicante, Sara is a dancer specialized in aerial arts with experience as a teacher and performer. With a professional degree in Contemporary Dance and a B.Sc. in Educational Psychology, she has also received training in acting and aerial dance including aerial hoop, aerial silk, trapeze, rope and vertical dance.

As a professional performer, Sara has worked as a dancer and aerialist with The Opposite Hand, La Fura dels Baus, Els Comediants, El Circo Americano & La Fiesta Escénica among others, as well as in private events and dinner shows. She featured as an aerial dancer in the David Bisbal medium film “Tu y yo” and in the TVE documentary “This is opera”. In addition, she has also appeared in the Audi A8 and Drinkfinity advertising campaigns.

As well as a performer, Sara has worked teaching classical, contemporary and aerial dance to children and adults in several schools in Barcelona.

Currently, she works as a freelance aerial dance teacher and artist, choreographing and producing her own creations.

WORK EXPERIENCE

Performances

2018.

Halloween Scream Nights	Actress & Aerialist		Cambrils (Barcelona)
Sendaviva summer show	Actress & Aerialist		Navarra
Rail World Cup Opening ceremony	Vertical dance	Sacude & Xarxa Teatre	Castellón
Private event	Aerial silk		Poble Espanyol, Barcelona
Regular dinner show	Aerial dancer		Astoria Barcelona
50th anniversary “Llars de l’amistad Chesire”	Dancer		Museu maritim, Barcelona
The Three Wise Men parade	Vertical dancer	Sacude	Gavá (Barcelona)
Supernova New Year’s Eve	Aerial dancer		Zaragoza

2017.

“Roca” 100th anniversary	Aerial dancer	La fura dels Baus	Barcelona
Cinderella show	Aerialist & Cinderella role	La fiesta Escénica	Coliseum Theatre (Barcelona)
Private events	Aerial dancer		Sala Oval, Barcelona

Teaching

2018 – Present	Atlantis, Barcelona	Aerial hoop & Aerial silks
2016 – 2018	El Otto, Barcelona	Aerial hoop & Aerial silks
2014 – 2016	Onair, Barcelona	Aerial hoop, Aerial silks & Vertical dance
2014	Eulalia Blasi, Barcelona	Creative Dance for kids
2013	Municipal Dance School, Sant Pol de Mar (Barcelona)	Creative & Contemporary dance
2012 – 2014	Municipal Music & Dance School, Tiana (Barcelona)	Creative, Contemporary & Classical dance

EDUCATION & TRAINING

2018	Bachelor's degree in Psychology with educational specialisation (UNED)
2016 – 2018	Acting for theatre, cinema & TV (La Bobina, Barcelona)
2015 – 2017	Private singing lessons with Carla Gracia
2013	Gymnastics lessons (ABC, Barcelona)
2012 – 2018	Training in Aerial Dance: aerial hoop, aerial silks, rope, trapeze & vertical dance
2012	Professional Degree in Contemporary Dance (Dance Conservatory "José Espadero", Alicante)
2008 – 2011	Professional training in Contemporary Dance (Institut del Teatre, Barcelona)

Dance workshops

Classical (Victor Ullate, Mirlosav Fila, Africa Hernández, Christelle Horna, Carmela Garcia, Diego Leiva...)

Contemporary (Gustavo Ramírez, Kazuko Hirabayashi, Amaury Lebrun, Lipi Hernandez, Erik Jimenez, Asun Noales, Sol Picó, Miquel Barcelona, Beбето Cidra, Emilio Gutierrez...)

Flamenco (Amelia Vega, Israel Galván...)

Hip – hop (Mirian López)

AFFILIATIONS

Professional Association of Catalan Circus Artists (APCC)

Professional Association of Catalan Dancers (APDC)